

## INSTRUCTIONS FOR COLLECTING AND TRANSPORTING SEMINAL FLUID

- THE EXAMINATION IS CARRIED OUT BY APPOINTMENT ONLY.
- THE COLLECTION OF SEMINAL FLUID (IN A STERILE CONTAINER) MUST BE DONE AT HOME AFTER OF PERIOD OF ABSTINENCE OF 3 TO 7 DAYS. EJACULATION MUST BE OBTAINED BY MASTURBATION. PLEASE DO NOT USE CONDOMS.
- THE SAMPLE (FULL EJACULATION) MUST BE DELIVERED, BY APPOINTMENT, TO OUR LABORATORY FROM MONDAY TO FRIDAY BETWEEN 9.0 TO 10.0 A.M. WITHIN AN HALF HOUR FROM THE COLLECTION.
- IN THE CASE THAT A MICROBIOLOGICAL INVESTIGATION IS ALSO REQUESTED BY THE PHYSICIAN, BEFORE COLLECTING THE SEMINAL FLUID, THE PATIENT MUST URINATE AND THEN CAREFULLY WASH HIS HANDS AND HIS PENIS.
- THE CONTAINER OF SEMINAL FLUID MUST BE PROTECTED BY LOW AND HIGH TEMPERATURES (BELOW 20 °C AND OVER 40 °C). DURING THE TRANSFER OF THE CONTAINER, IT IS RECOMMENDED TO KEEP THE CONTAINER IN CONTACT WITH YOUR BODY.
- THE CONTAINER MUST BE LABELED WITH PATIENT'S NAME AND TIME AND DATE OF COLLECTION.